



Outdoor News

Journal of the Outdoor Educators' Association of South Australia
Volume 35 No 1, September 2017



Mangroves in Barker Inlet, just north of Barque Creek, with the northern end of Torrens Island in the background. Nearer Angas Inlet there is a new set of channel marks: Notice to Mariners No 16 (7 August 2016) has the details

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OEASA sponsors

Gold



Silver



Bronze

- Adelaide Canoe Works
- Adventure Kayaking SA
- Beyond Limits
- Canoe Adventures
- Griffin Wines
- Scout Outdoor Centre
- Snowy's Outdoors



From the Editor

Peter Carter

This issue is a bit later than we'd like, but here it is. The main item is the report of the annual Presentation Dinner, with the lists of award and qualification recipients and a few pictures.

Disasters, mainly hurricanes and monsoon flooding, have been in the news lately. How do we prepare students to cope with such events? One way is through disaster resilience education, the topic of an introductory item on page 4 and a flier on page 11. Resilience is one outcome of Outdoor Education, so there's a connection there.

Outdoor Education Australia recently made a submission to the National Sports Plan: 'How do we increase sport participation in the schooling years to maximise physical literacy and establish good habits for life?' Text of the submission and its recommendations are on page 10.

Invitations have gone out for the official launch of Paddle SA on 21 October. Australian Canoeing becomes Paddle Australia at the same time. There are some forthcoming revisions to the Award Scheme:

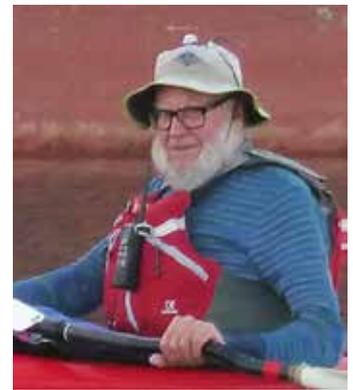
- New functions are now available on the Education site.
- It is now mandatory for all programs and participants to be added to the education system.
- Participants who complete an award receive an email of congratulations as well as their award. This email includes a link to a feedback form on the assessment and assessor. The feedback will be received by AC and forwarded to the NTP.
- All awards are currently under review. A draft of the reviewed awards and other changes will be sent to NTPs for comment in 3–4 weeks.
- Paddle Log will soon become the preferred option to complete re registration of awards. AC suggests that

you become familiar with, start using and educate others on this resource. Details can be found here: [<canoe.org.au/paddle-log/>](http://canoe.org.au/paddle-log/).

The weather is always a topic of conversation, and that of the past few weeks has definitely been worth discussing. No doubt it's been a topic for tens of thousands of years among our indigenous population, who have had a different perspective on it. Much of that lore has now been collated into a page on the Bureau of Meteorology site: see www.bom.gov.au/iwk/calendars/kaurna.shtml for the Kaurna perspective.

Shinrin-yoku ('forest bathing') is a Japanese idea that is becoming popular elsewhere, with the realisation that being in the outdoors, especially with water, has physical and psychological benefits. A recent article at *Aeon*, 'The healing power of nature', explains: <https://aeon.co/essays/why-forests-and-rivers-are-the-most-potent-health-tonic-around>.

This is the first issue with the new OEASA logo, which you'll see on the front page, and also at the end of each main item. Time to retire the old one. I think I know where the basic idea came from.



Credit: Tracey Matzka

The Outdoor Educators' Association of South Australia

Aims

- 1 To promote the development of Outdoor Education in South Australia
- 2 To represent Outdoor Educators on issues and matters concerning the use of the outdoors
- 3 To maintain the professional development of personnel working in the area of Outdoor Education
- 4 To maintain, support and develop the role of Outdoor Educators in South Australia
- 5 To promote the professional interchange of information between members and other related organisations through conferences, meetings, seminars and publications
- 6 To promote a philosophy of environmental awareness, preservation, conservation and positive attitudes towards the use of the outdoor environment
- 7 To act in an advisory capacity to community, government and non-government agencies

The Outdoor Educators' Association of South Australia supports these national ethical guidelines for outdoor educators:

- The Outdoor Educator will fulfil his or her duty of care
- The Outdoor Educator will provide a supportive and appropriate learning environment
- The Outdoor Educator will develop his or her professionalism
- The Outdoor Educator will ensure his or her practice is culturally and environmentally sensitive

OEASA Committee 2017–2018

Chair: Mike Meredith

Vice Chair: Chris Hodgson and Micha Jensen

Treasurer: Phil Noble

Assistant Treasurer: Andrew Stace

Secretary: Chris Detmar

Assistant Secretary: Bel Emanuele

Editor and webmaster: Peter Carter

Committee: Scott Polley, David Edwards, Dave

Williamson, Rob Stillwell, Emma Lowing, Nick Glover, Ray Prideaux

From the Chairman

Mike Meredith

Greetings all and welcome to the third edition of *Outdoor News* for 2017. The last holidays went quickly as always and while I was lucky enough to head back over to France and Belgium, this time with partner not uniformed personnel, the time flew by before I knew it. It is now toward the middle of term and the Year 12 year almost done. The Belgium and French battlefields with a little more time to take in the experience were most endearing. The places have such poignant sentiments attached as you visit and as one contemplates the loss of life and total destruction of environment you are left quite drained and numb. Of surprising delight however, is the gratefulness and friendliness shown to Australians in these parts. One can only wonder about the horrors experienced by the soldiers and civilians of all countries embroiled in this horrific war and my only hope is that through our work as Outdoor Educators we can guide young people to seek all other resolutions to differences, anything but hostility.

Nature has again provided a very wet winter and as we move into spring the large amounts of combustible material will be there to fuel the ever present wildfires of summer. The drenching rains intermittently falling last summer spared us the grief of fires and let us hope this is the case again this year. No doubt some of our programs and activities will be affected by the burn-offs now conducted each year as prescribed burns, replicating the best land management practices of the first Australians.

It was great to catch up with many people at the annual OEASA Outdoor Presentation Dinner which was held on Friday 16 June. This was yet another very successful night and I would like to congratulate the winners of awards for their marvellous efforts in the outdoors that gained them the acknowledgment of peers and or mentors. It is wonderful that we can come together as an outdoor community to publically recognise the efforts of these people, who have demonstrated excellence in the way they lead, learn or adventure in the outdoors.

Awards were presented in numerous categories and these are detailed later in this edition. Year 12 Outdoor Education students, University of SA and TAFE Outdoor Recreation students were awarded. Community leadership organisations—SAREA, Yachting, Canoe SA and BLSA—announced candidates who had gained awards in the past year. OEASA made presentations for service to Outdoor Education and the Kris Mosher Environmental Award.

The evening was made especially exciting with the great support from many organisations who donated prizes or items for the evening. OEASA and all those present would like to extend a huge thankyou to the following organisations for their valued donations for the event: Gold sponsor Paddy Pallin's; Silver sponsors Macpac, Outgrow and PAC; Bronze sponsors Adventure Kayaking SA, Adelaide Canoe Works, Beyond Limits, Canoe Adventures Riverland SA, Griffin Wines, Scout Outdoor

Centre and Snowy's. A special thanks must go to Rec SA who supported the TAFE and UniSA awards by providing a voucher for \$100 to each of the award winners. Thank you. Without these organisations' wonderful support the evening would not have been such a success.



We must also acknowledge the magnificent efforts of our caterer Ben Sharp from the Adelaide Institute of Commercial Cookery and his marvellous collection of cooks, waiters and bar staff, they did an excellent job to provide great quality food and service that was fantastic and helped ensure our evening was such an enjoyable one.

As with all events someone has to organise them and I would like to thank the following people for their efforts. Chris Detmar for doing all the preparatory work, Phil Noble for looking after the door and finances. Micha Jensen did a great job collecting and organising sponsors for the evening and he must be thanked for this and his efforts in conducting the silent auction and providing the background music selection. Dave Walker did an excellent job as MC leading us so smoothly through the evening. Many others helped out on the night looking after guests and helping with awards which was great. Can I please encourage all of you to support the organisations that have given us their support by giving them your patronage where possible?

The details for remaining calendar activities for this year are listed throughout this edition and are available on the OEASA website. I would ask you to please mark them on your calendar now so you are able to attend or participate and help make them valuable and successful events. I would particularly like to draw your attention to the following events for 2017:

Outdoor Education Week (October dates TBC) is still a possibility for the calendar. This event has been run in previous years to help raise public awareness of Outdoor Education and by continuing will help in our ultimate goal of getting quality curriculum driven Outdoor Education experiences for all students in all year levels across the country. Any positive promotion of what we are doing with young people in the outdoors helps get the message out there. Check out the old website: <www.outdooreducationweek.com.au/>.

The GACO (Great Aussie Camp Out) is planned for 7 October and is intended to get people outside and involved in the great outdoors. The idea is to log on to the website indicating you are involved and get out that night in the back yard, caravan park, national park, etc. There is no cost involved and helps promote healthy and respectful use of outdoor places. Get involved and let your school community know about it as well.

From the Chairman

...continued

The **Outdoor Seminar Series** will be conducted in forth term to keep members updated and engaged in exciting happenings in Outdoor Education.

There are two possible activities planned for Term 4, either a visit to Nguat Nguat Aboriginal conservation area on the river near Walker Flat on 24–25 November or a SACE teachers meeting on Friday 24 November, but more on these later in the year. Please set the dates aside subject to confirmation, more details will be emailed out once this event is finalised.

I look forward to catching up with as many people as possible at other activities planned throughout the year. If you have any comments or ideas for upcoming events please do not hesitate to contact either myself or one of your committee members: it is always good to hear from members. It is as always a pleasure to be of service.

Yours in Outdoor Education (learning of self, others and the environment) 

OEASA Calendar

OEASA Committee meetings

5:30pm at PAC 'Red Centre' Gym (McBride room)
Friday 3 November (T4 Wk 3: end of year drinks)

Great Aussie Campout (GACO)

Saturday 7 October (tbc) ACA to coordinate

Outdoor Education Week

October (tbc) OEA to coordinate

Outdoor Seminar Series: Learning through the Outdoors

Friday 24 November, 6:30 pm for 7 pm start (T4 Wk6) at PAC

There is always space in *Outdoor News* for your contribution



Disaster Resilient Australia-New Zealand School Education Network

Australian Institute for Disaster Resilience

As climate change exacerbates extreme weather, students will be affected by more frequent and intense natural disasters. Now, more important than ever, disaster resilience education (DRE) is crucial in empowering students to think strategically as community members and agents of change. DRE isn't an isolated concept, or a response to historical events: it's a dynamic theme that intersects with physical and outdoor education, health, geography, communication and science. DRE engages students in the shared responsibility of building resilience, along with emergency service agencies and community members.

DRANZSEN — Disaster Resilience Australia-New Zealand School Education Network — is a collaborative program focussed on equipping educators to integrate DRE with confidence and consistency. DRANZSEN connects teachers and educators across Australia, and fosters links with other organisations including emergency services, research institutions and the non-profit sector.

DRANZSEN participation centres on free annual forums in every capital city, where attendees hear from experts, share knowledge and build collaborative partnerships across disciplines. Outside the forums, the network is an increasingly cooperative mechanism for sharing practical resources and ideas. Launch of an interactive online DRANZSEN space is anticipated in late September.

New members are always welcome: contact Liz Tomazic (liz.tomazic@aidr.org.au) to get involved, or find out more at www.aidr.org.au/education/education-for-young-people.

DRANZSEN is an initiative of the Australian Institute for Disaster Resilience (AIDR). AIDR is funded by the Commonwealth Attorney-General's Department, managed by AFAC, and supported by Australian Red Cross and the Bushfire & Natural Hazards CRC.

See more on page 11 

Bronze sponsors



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Beyond Limits
Uniting Venues SA



Outdoor Presentation Dinner 2017

Mike Meredith

The outdoor community has come together to celebrate the achievements of those doing an outstanding job in the outdoors as students, leaders or participants. The following people were presented with awards or recognised for their leadership achievements at the annual OEASA Outdoor Presentation Dinner held on Friday 16 June at the Unley Council Chambers. Congratulations to all award winners on the wonderful examples they set for others and well done to the 85 people who attended making this a very special night. Catering by Ben Sharp and his crew was excellent and a great night was had by all.

Secondary Awards

Presented by Mike Meredith and Chris Hodgson

Emily Reed, Certificate of Excellence (Westminster)

Emily achieved a 20 or Merit for Outdoor Education. Completed her Gold Duke of Edinburgh and Certificate II in Outdoor Recreation. Demonstrated exceptional enthusiasm for outdoor skills in many and varied pursuits. Showed great leadership skills in the outdoors and a passion for adventure. Currently Emily is taking a gap year.

James Ashby, Certificate of Merit (Westminster)

James achieved an A+ grade for Outdoor Education. He completed his Gold Duke of Edinburgh and Certificate II in Outdoor Recreation. James has demonstrated great skills in expeditioning completing many major trips in varied activities. Currently working at Westminster undertaking a gap year.

Lachlan Ryan, Certificate of Merit (Westminster)

Lachlan achieved an A+ grade for Outdoor Education. He completed his Gold Duke of Edinburgh and Certificate II in Outdoor Recreation. Lachlan demonstrated great skills in expeditioning, completing many major trips in varied activities and locations. He has shown great leadership and a passion for the outdoors. Currently completing leadership qualifications to work in the outdoors as a leader.

Madeline Young, Certificate of Merit (Westminster)

Madeline achieved an A+ grade for Outdoor Education. She completed her Gold Duke of Edinburgh and Certificate II in Outdoor Recreation. She demonstrated great skills in expeditioning completing many major trips in varied activities and location. Madeline has shown great leadership and passion for outdoor environments. Currently studying Occupational Therapy at university.

Kaytie Hosking, Certificate of Merit (Westminster)

Kaytie achieved an A+ grade for Outdoor Education. She completed her Gold Duke of Edinburgh and Certificate II in Outdoor Recreation. Kaytie demonstrated great skills in expeditioning completing many major trips in varied activities and locations. She has shown great leadership and a passion for outdoor environments. Currently taking a gap year as an Outdoor Education instructor before studying Medical Sciences.

Stan Feetham, Certificate of Merit (Westminster)

Stan achieved an A+ grade for Outdoor Education. He completed his Gold Duke of Edinburgh and Certificate II in Outdoor Recreation. Stan has demonstrated great skills



Certificate of Merit: Kaytie Hosking, Madeline Young, Stan Feetham, Lachlan Ryan

Outdoor Presentation Dinner 2017

in expeditioning, completing many major trips in varied activities and locations. He has shown great leadership and a passion for the outdoors. Currently studying a Business degree at university.

Laura Greenfield, Certificate of Excellence (Pembroke)

Laura achieved a 20 or Merit for Outdoor Education. She demonstrated excellent leadership and environmental awareness while completing the course, showing a passion for outdoor environments. A role model for her peers. Well done.

Hannah Gilbertson, Certificate of Merit (Pembroke)

Hannah achieved an A for Outdoor Education demonstrating commitment and application to expeditions in the outdoors. A dedicated and hard working student who thrived in outdoor settings.

Nick Holmes, Certificate of Merit (Pembroke)

Nick achieved an A for Outdoor Education. He demonstrated excellent leadership on expeditions and showed a keen awareness for environmental issues. Currently studying Human Movement at UniSA.

Sophie Wallace, Certificate of Merit (Golden Grove High School)

Sophie achieved an A grade and was a very dedicated and enthusiastic student who demonstrated great compassion in her leadership skills. She willingly helped others, being an excellent role model for students. Her concern and understanding of environmental issues was shown in her investigation and delicate use of natural areas. Currently studying Psychology at the Magill Campus.

Sebastian Barbour, Certificate of Merit (Kings Baptist)

Joshua Byerly, Certificate of Merit (Kings Baptist)

Chelsea Danher-Hart, Certificate of Merit (Kings Baptist)

Nathaniel Hodgson, Certificate of Merit (Kings Baptist)

Alec McCallum, Certificate of Merit (Kings Baptist)

Tayla McLean, Certificate of Merit (Kings Baptist)

Emily Mitchell, Certificate of Merit (Kings Baptist)

Jake Pitman, Certificate of Merit (Kings Baptist)

Lauren Schroeder, Certificate of Merit (Kings Baptist)

Mark Auricht Award

Georgia Brazier, Equal top Outdoor Education student (Westminster)

Georgia achieved a 20 or Merit and was equal top student in Outdoor Education for 2016. She completed her Gold Duke of Edinburg and Certificate II in Outdoor Recreation. She demonstrated exceptional skills in varied outdoor expeditions. She is a talented outdoor leader who demonstrates outstanding environmental understanding. Currently studying at ADFA. Well done.

Hailey Brown, Equal top Outdoor Education student (Westminster)

Hailey achieved a 20 or Merit and was equal top student in Outdoor Education for 2016. Completed her Gold Duke of Edinburg and Certificate II in Outdoor Recreation. She demonstrated exceptional skills in all aspects of outdoor expeditioning. She is a talented outdoor leader who demonstrates outstanding environmental understanding. Currently working at Camp America. Well done.

TAFE SA Outdoor Recreation Top Student

Presented by Dan Barry (sponsored by Rec SA)

Certificate of Excellence: Dan Ferguson

Dan was the top student studying Outdoor Recreation at TAFE in 2016. A well deserved recipient of this award. Dan is currently a second year student. After working a season in the Canadian snowfields Dan decided to gain qualifications in Outdoor Recreation through TAFE SA. Dan is highly motivated to succeed in this industry and this shows with his commitment to the course and with his practical application to field trips and gaining industry experience. Dan has already gained activity qualifications in bushwalking and Assistant Guide in top rope climbing. At the end of the year Dan will exit with the Diploma of Outdoor Recreation and Tourism, activity qualifications in Bushwalk Guide, Top Rope Climbing Guide, Ropes Course Facilitator and Flatwater Instructor.

Next year Dan will be Adelaide based and wants to freelance within the outdoor recreation industry and will be a great asset to any outdoor recreation company or school. Further down the track Dan would like to pursue Alpine guiding which will take him to many parts of the world.



Dan Ferguson with Dan Barry

Tertiary Outdoor Education Award

Presented by Scott Polley

Certificate of Merit, Daniel Anderson

Dan is currently working for Baptist Care Adventure as an Adventure Therapist in mainly Tumbelin programs. Tumbelin is a usually a 12 week program that is offered

Outdoor Presentation Dinner 2017

to young people with alcohol and other drug issues and the job is to facilitate the adventure-based programs with a strong Restorative Practice framework. These experiences can include caving, rock climbing, mountain biking and kayaking with the purpose of helping clients feel more awake and alive. Dan loves the work he is doing and hopes that whatever comes up in the future will be just as fun, challenging and meaningful. He is currently completing his SAREA rock-climbing guide and Bushwalking Leadership certificate.

Certificate of Merit, Rosie Smith

Rosie is currently undertaking a Master of Teaching at UniSA, as well as being employed as a seasonal staff member in Outdoor Education programs for a range of different schools. Once she has finished her Master's degree next year she hopes to further her outdoor leadership qualifications, work in schools in Outdoor Education programs as well as general teaching with a potential aim of working overseas.

Certificate of Excellence: Sarah Habel (sponsored by Rec SA)

Sarah is currently undertaking her Honours investigating the educational impact of Sport Development programs. Next year she will be seeking employment in sport for development, hoping to be able to include many of the skills and themes learned through Outdoor Ed and plans to obtain her Bushwalking Leadership certificate.

Qualifications

SAREA

Top-Rope Guides

Nick Rice, Nathaniel Hodgson, Luke Vianello, Bradley Cummings, Ben Phillips, Rachel Smith and Matthew Quigley



Certificate of Merit: Rosie Smith

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Canoe SA

Flatwater Guides

Charles Walker, Giulius Canteri, Doreen Marchesa and Peter Johnston.

Flatwater Instructor

Leslie Pope, David Stillwell, Peter Cahil, Lyndon Zimmermann, Alicia Anson, Christopher Moen, Jared Oliver, Roberk McCormack, Stephen Hausler, Meridee Jensen, Freya Byrne, Jack Rushworth, Trevor Dinham, Mandi Bedford, Tod Weymouth, Robert Knott, Dean Colegate, Suzanne Meredith, Simon Langsford, Anne Langsford, Janette Rix, Brodie Borg, Matt Henwood, Penny Fielke, Jane Boroky, Nicholas Sward, Travis Harriman, Abbie Kemp and Kathryn Reedy.

Flatwater Lifeguard

Nicla Cerullo, Darcy Noll, Brendan Noolan, Daniel Sharp, Jordan Staude, Lachlan Shields, Katie Pryor, Christopher Mitchell, Andrew Allen, Kerryn Mundy, Peter Cahill, Ashley Parsons, Lyndon Zimmermann, Cassie Evans, Amelia Stone, Edward O'Conner, Michael Batten, Francesca Kidd, Reece, Christine Bacchus, Christine Barry, Danielle Humphries, Danielle Barber, Heather Kraehenbuehl, Tom Barton and Emma Sutton.

Moving Water Endorsement

Simon Langsford and Anne Lamgsford

Overnight Camping Endorsement

David Stillwell, Sam Croft, Alicia Anson, Christopher Moen, Jared Oliver, Stephen Hauser, Doreen Marchesan, Micha Jensen, Freya Byrne, Jack Rushworth, Robert Knott, Simon Langsford, Anne Langsford, Brodie Borg, Jane Boroky, Nicholas Sward and Kathryn Reedy.

Sea Guide

Bernard Gobel and Matt Henwood.

BLSA Awards

Bushwalk Leader Certificate

Dave Higgins, Anna Jones, Rob Buchanan, Nicholas Sward, Hannah Giles, Alex Fulwood and Mathilda Moore

Bushwalk Assistant Leader Certificate

Ingrid Larsen, Sara Chapple, Laura Heinrich, Tina Jameson, Sam Hanzalik, Cameron Stewart, Hillary Trotter, Chris Moen, Brodie Borg, Bridie Rawson, Tim Pitcher, Niav Andrew, Matt Pearson, Martin Flood, Lisa Murphy, Nicholas Gloede, Jack Cooke, David Stillwell, Jonathon Brice, Rick Greenham, Travis Harriman, Heather Wright, Tom Ellis, Aidan Schulz, Ian Price, Daniel Smith, Leith Perrin, Ryan Kupke, Benjamin Potter, Toby Orchard, Owen May, Daniel Pritchard, Sam Wilkinson, James Ashby and Lachlan Ryan

Day Walk Assistant Leader Certificate

Chris Davies, Heather Lane, Isabel Mut, Mica Worby, Noeline Overall, Steve Butcher and Zara Lupton

Day walk Leaders

Chris Davies and Zara Lupton

Skills Assessment

Sara Chapple, Hannah Giles, Nick Gloede, Dave Higgins, Lisa Murphy, Jarrod Smith, Chris Moen, Tina Jameson, Caitlin Bawden, Ingrid (Larsen) Simpson, Annika Winter and Amy Evans

Yachting SA Awards

Mitchell Baker, Carolyn Berryman, Jake Brown, Luke Celigoj, Tom Chambers, Michael Clough, Daniel Cowan, William Donald, Sarah Donkin, Elise Franson, Brooke Gaffney, Timothy Garfield, Holly Groome, Oliver Hankinson, Izaak Hart, Fred Howard, William Howard, Ian Irwin, Ella Kain, Isaac Konings, Sam Kovacic, Mark Kretschmer, Harry Lawson, Joal Mackenzie, Sam Magarey, Matt Meaney, Madi Pike, Simon Porteous, Lachlan Potter, Matthew Sampson, Neil Sloan, Hugo Spees, David Steele, Jake Steele and Matthew Van Riel

Kris Mosher Award

Upper Sturt Primary school

Presented by Nick Glover

The Kris Mosher Award acknowledges significant contribution to Environmental Education. This year, OEASA recognised Upper Sturt Primary School as Australia's first public R-7 bush school. The school uses its bush site in the Adelaide Hills for nature play-based learning. The school was inspired by the understanding that children need time to play in nature, fostering lifelong learning skills and decreasing anxiety. They are WiFi free to fit with their environmental health focus. Further information at www.uppersturtps.sa.edu.au.

Amy Mudge and Tahlia Ekert, Adams Road Kindy

Presented by Chris Hodgson

Amy and Tahlia are recognised for the great work they have done involving young people in activities in the outdoors. Through adventure and outdoor activity they have created inspiring programs that immerse their young charges in natural environments. Well done on such creative and valued work with young people and getting them into the outdoors.

Service to Outdoor Education

Diane Mudie

Presented by Ray Prideuax

This award recognises people who have made a substantial contribution to the Outdoor Education community in South Australia over an extended period of time.

Diane is a worthy recipient of this award and has worked tirelessly to provide students with valuable learning experiences in a range of challenging environments since 1981. Diane started her outdoor education career at Loxton High School where she was a part of a successful program that took all students on an annual expedition.

Outdoor Presentation Dinner 2017

She then worked at Aberfoyle Park High School for close to twenty years teaching senior Outdoor Education. In her time, she has travelled to most parts of the state with students and is always knowledgeable and passionate about each place.

Diane has shared her knowledge presenting at national conferences for Gifted and Talented students as well as OEASA. She has always taken time to mentor and train teachers and will often surprise them with her stamina and enthusiasm to “get students outside”. On top of her Outdoor Education commitments Di has always found time to encourage participation in extra-curricular activities, particularly ones that engage students with the outdoors. A favourite event for many years was the 100 km team relay, and more recently she has been a part of the school ski trip program. Congratulations Diane Mudie for an award well deserved!

Michael Woodward

Presented by Chris Hodgson

Michael is acknowledged for his many years of valued work teaching and leading in the outdoors. In particular, his insightful and inspirational commitment to Bushwalking Leadership over a very long time. In this regard his impressive efforts in guiding and developing the skills of our future leaders have seen him as a role model to all. Michael has worked tirelessly and with great dedication with his involvement in BLSA and he has willingly shared his knowledge and expertise with others for the greater good. Very few are so highly regarded and respected within the walking community. A very worthy recipient of this award, congratulations and well done!

The assembled multitude



Service to Outdoor Education: Michael Woodward
Award Night Sponsorship

OEASA and the outdoor community would like to gratefully acknowledge the following organisations for their donations and sponsorship of the award night:

Gold Sponsor: Paddy Pallins

Silver Sponsors: Outgrow, Macpac, PAC

Bronze Sponsors: Adelaide Canoe Works, Adventure Kayaking SA, Beyond Limits, Canoe Adventures—Riverland SA, Griffin Wines, Scout Outdoor Centre, Snowy's Outdoors



Submission to the National Sports Plan

Outdoor Education Australia

How do we increase sport participation in the schooling years to maximise physical literacy and establish good habits for life?

The ever changing world requires that sport participation be viewed through an ever changing lens. Australian Bureau of Statistics data shows that participation in traditional activities such as golf, cricket, tennis, swimming and cycling has decreased. Outdoor recreation activities such as mountain biking, rock climbing, surfing and skateboarding, all recently viewed as sub-culture recreational activities, will all compete in the 2020 Tokyo Olympic Games.

There is a great need to expand the contemporary view of physical literacy and to subsequently increase a broader range of opportunities for student in schools. In primary schools we now see a growing disconnect from the natural world with over 1 in 4 Australian children (27%) having never climbed a tree!

Schooling years provide an excellent place where children and young people can be encouraged to participate in developing healthy habits for a lifetime. The opportunity for outdoor learning to improve physical activity and improved health benefits are beyond doubt. The Western Australian Department of Sport and Recreation acknowledges a range of benefits from outdoor recreation within schooling including:

- Gaining independence, accepting responsibility and leadership
- Developing communication and active listening skills
- Learning cooperation and teamwork
- Building trust and respect
- Problem solving and decision making
- Learning how to deal with challenges and adversity
- Building self-confidence
- Providing a vehicle for responsible risk taking
- Creating long-lasting friendships.

Outdoor education provides opportunities for learning, regardless of age. Whenever people enter an unfamiliar environment they get the opportunity to participate in new experiences that result in a range of positive outcomes. Outdoor education assists children to develop their physical literacy and to develop a broad range of positive relationships with the environment, others and ourselves through interaction with the natural world. It is uniquely placed to deliver a range of Health and Physical Education learning outcomes by:

- 'Providing direct personal contact with nature (the outdoors)—in ways that promote enjoyment of outdoor activity and nature. Such enjoyment can be the basis for on-going outdoor recreation throughout life
- Developing competence and safety management in the Australian outdoors—for all Australians, and being especially relevant for those in urban settings or born overseas



- Enabling socially critical perspectives on human to nature relationships—through the provision of alternate lived outdoor experiences that assist students to reflect back upon less healthy aspects of their everyday living.'

It is important that children are introduced to the outdoors from a young age and as their experiences accumulate so to do their abilities and learnings. To that end Outdoor Education Australia (OEA) has developed a scope and sequence from foundation to Year 12. This supports a sequential Outdoor Education program, with outdoor recreation an essential component of a high quality Health and Physical Education program in all year levels.

Outdoor Education possesses a unique combination of physical activity opportunities (e.g. canoeing, orienteering, rock climbing and bush walking) and facilitation strategies developed to enhance personal growth. To reap the benefits of these positive outcomes requires acknowledgement and commitment.

By acknowledging and promoting Outdoor Education as a valued and beneficial pathway to establishing good habits for life the educational community will be more willing to accept, promote and offer Outdoor Education opportunities to students.

In order to achieve these positive outcomes this requires commitment from the whole education community. OEA recommends that those wanting to teach in this area have a minimum of six months of tertiary study in Outdoor Education, plus studies in Outdoor Education pedagogy and satisfactory completion of a teaching practicum.

However there are many secondary schools that do not have Outdoor Education trained teachers and there are few primary schools with teachers trained in this area. This lack of knowledge and skill needs to be addressed at a teacher training level.

Recommendation: that training within outdoor education and outdoor education pedagogy are added to teacher training development for primary and secondary schools.

Recommendation: that there is additional guidance provided to schools on how to implement outdoor learning and outdoor education into the delivery of the National Curriculum.





EDUCATION FOR YOUNG PEOPLE

The Australian Institute for Disaster Resilience (AIDR) Education for Young People Program promotes the development of disaster resilience education as a vital component in children and young people's learning.

This resonates with the National Strategy for Disaster Resilience (2011) which points out that this type of knowledge should be included in education programs in schools.



- Children have a right to protection and care as well as to seek and receive information (Articles 3, 13.1, UNCRC, 1989)
- Disasters rank in the top ten major fears of childhood—educating them about disaster risk reduction helps them and their communities (Fire Australia, Ronan, 2015)
- Children and young people can be enabled as 'agents of change', depending on their capabilities (Disaster Resilience Education Practice Framework, Towers, 2016)
- Disaster management policy and practice can better meet children's needs when they are involved in decision-making (Comprehensive School Safety Framework GADRRRES, 2017)

Disaster Resilient Australia-New Zealand School Education Network (DRANZSEN)

DRANZSEN is an AIDR national initiative. Forums are held in each state/territory and offer a unique chance for educators, researchers, emergency management and community agencies, and others to meet, learn from each other about best practice disaster resilience education and current research, and to identify opportunities to work together to implement quality disaster resilience education programs in their own localities.

Some of the capacity building actions identified by DRANZSEN groups include: incorporating children and young people's input into disaster resilience education; integrating disaster resilience education into student wellbeing programs; and creating templates to work from for disaster management planning.

National Disaster Resilience Education Strategy Group (DRESG)

The DRESG supports DRANZSEN through its commitment to enabling the linking of research with both policy and practice, especially through facilitation and support of working relationships between practitioners and researchers.



Course Calendar, 2017—2018

Paddle SA conducts courses from entry level to Instructor for paddlers of kayak, canoe and sit-on-top (SOT)

Flatwater Courses

Get into Paddling

A half-day course to give you the essentials for safe, efficient kayak and sit-on-top paddling

The course covers:

- Boats and equipment
 - Efficient paddle strokes
 - On-water safety.

The course is held at Paddle SA, Aquatic Reserve, Bower Road West Lakes, 9:00 am to midday.

Cost: \$65, including equipment hire

Calendar

October 7, 14
November 11, 12
December 10
January 2018 6, 13
February 3, 4
March 3
April 7, 8

There is no formal assessment in this course.

Flatwater Skills

A course with one day on the water and a half-day theory session, to develop the skills for competent paddling as a group member on flat, sheltered water. Flatwater Skills is a prerequisite for leadership Awards.

The course covers:

- Boats and equipment
- Efficient paddle strokes
- Weather and navigation
- On-water safety: rescues and towing.

The course is held at Paddle SA, Aquatic Reserve, Bower Road West Lakes, Saturday 1:30–4:30 pm, Sunday 9:00 am–4:00 pm.

Cost: \$190 (members) \$210 (non-members), including equipment hire

Calendar

October 7, 8
December 16, 17
January 2018 15, 16
April 14, 15

Flatwater Lifeguard

A two-day course for people seeking to manage a paddling activity in enclosed situations, performing rescues as required, where the group under supervision can be seen from a single vantage point at any time and does not leave the immediate launch area. Prerequisite: Flatwater Skills.

The course covers:

- Efficient paddle strokes
- Leadership and risk management
- On-water safety: rescues and towing.



The course is held at Paddle SA, Aquatic Reserve, Bower Road West Lakes, 9:00 am to 4:30 pm.

Cost: \$250 (members) \$270 (non-members), including equipment hire

Calendar

October 9, 10
January 2018 17, 18
April 16, 17

Flatwater Guide and Instructor

A four or five-day course, including Lifeguard, for people seeking to lead trips on inland waters (Guide: four days) and teach the skills of inland paddling (Instructor: five days):

Days 1, 2: Lifeguard
Day 3: Guide and Instructor
Day 4: Day paddle
Day 5: Instructor

Prerequisite: Flatwater Skills

The course covers:

- Efficient paddle strokes
- Instructional theory
- Group management and communication
- On-water safety: rescues and towing.

The course is held at Paddle SA, Aquatic Reserve, Bower Road West Lakes, 9:00 am to 4:30 pm.

Cost: Flatwater Skills, Lifeguard and Guide or Instructor courses taken together: \$500

Calendar

October 9–13
January 2018 15–19
April 16–20

Sea Kayaking

Two series of workshops for sea paddlers, one at Introductory level, the other leading to the Paddle Australia Sea Skills Award.

Introductory Skills

A three day course covering:

- Boats and equipment
- Efficient paddle strokes
- Weather and navigation
- On-water safety: rescues and towing.

Venues will vary according to conditions and intended session outcomes.

Cost: \$375 (with own equipment), \$450 (with equipment hire)

Dates: 22 October, 5 and 19 November

Course Calendar, 2017—2018

Sea Skills

A three day course plus two day overnight trip, with some rolling sessions, leading to the Paddle Australia Sea Skills award.

Cost: \$625 (plus equipment hire if required)

Dates: 18 February, 4 and 18 March, 14 and 15 April (overnight)

Sea Activities

Monthly activities, on the final Sunday of the month, with a range of theoretical and practical topics.

Cost \$10 (Club members), \$40 (non members)

Group Assessment Day 2018

Assessments for Flatwater Lifeguard, Guide and Instructor will be held at West Lakes on Sunday 11 February.

Contact Paddle SA for details

Assessment

Assessment for all awards requires experience recorded in a log, an assessment project and an on-water assessment.

For more information on all courses contact Paddle SA:

PO Box 281 Port Adelaide 5015

sa.canoe.org.au

8240 3294, sa@canoe.org.au

Register online at sa.canoe.org.au/education



The fine print...

OEASA Supporter levels

Gold: \$1500+

- 1 12 months OEASA membership
- 2 Front page logo acknowledgement as Gold Supporter
- 3 Half page advert in Outdoor News
- 4 Verbal acknowledgement at all conferences, dinners and meetings
- 5 Visual acknowledgement at OEASA dinner
- 6 Provision for banners, merchandise or other at OEASA Dinner
- 7 Complimentary catering for one member at all OEASA functions

Silver: \$750+

- 1 12 Months OEASA membership
- 2 Front page logo acknowledgement as Silver Supporter
- 3 Visual acknowledgement at OEASA dinner
- 4 Verbal acknowledgement at all conferences, dinners and meetings
- 5 Provision for banners, merchandise or other at State Dinner

Bronze: \$350+

- 1 12 months OEASA membership
- 2 Front page logo acknowledgement as Silver Supporter
- 3 Visual acknowledgement at OEASA dinner
- 4 Verbal acknowledgement at all conferences, dinners and meetings
- 5 Provision for banners, merchandise or other at State Dinner

Murray River and Wetlands

Katarapko, Chowilla, Loch Luna, and all Riverland waterways

Support for all school kayak/canoeing activities:
Outdoor education • Camps • Kayak/Canoe Camping



- **Quality craft:** single kayaks, double kayaks, Canadian Canoes
- Assistance with **route planning**, including **current information** on backwater navigability and suitable campsites. Our own laminated **maps** - accurate and up-to- date
- **DECD registered canoe instructors**
- **Contingency plans & vehicle back-up** for emergencies
- Checklists, procedures, safety instructions, risk assessment and gear lists
- **Vehicle/bus relocation** for **one-way trips**.
- Fully **outfitted** multi-day canoe/kayak **camping** trips
- Coordinating visits from local **environmental & cultural** specialists.

Call Kym: 04211 676 45 canoeadventure.com.au
Canoe Adventures—Riverland

Outdoor News deadlines

Submissions for *Outdoor News* are due at the end of each term:

End Term 3, Friday 29 September for October edition

End of year for February 2018 edition.

Please send your contributions to the editor, Peter Carter, pcarter@acslink.net.au.

Submission guidelines

Contributions on any and all Outdoor Education and related matters are welcome in *Outdoor News*, and may be submitted directly to the editor at pcarter@acslink.net.au.

The first line of a file is to be the item's title, the second, the author's name (without 'By'). Include captions for any accompanying images, with details of who, which, what, when, where, etc.

Text may be as text file (.txt), RTF (.rtf) or Word format. If your file is a Word .doc or .docx, or RTF, please use appropriate styles for headings, list items, etc. (See 'Wordprocessing right and wrong', *ON* Vol 28 No 3, October 2010, p 14.)

Do not embed Web URLs in Word hyperlinks: list them in full.

Photographs must be submitted as image files, JPEG or TIFF, and **not** embedded in Word files (ever). Line art may be submitted in TIFF, EPS or Illustrator format. Where there are several images they may be sent as a ZIP archive.

Advertisements from sponsors or other organisations must be submitted as PDFs. Half page advertisements may be one column or landscape. Payment, where applicable, must be made through the OEASA Treasurer.

Outdoor Educators' Association Of South Australia

ABN 26 588 063 701

Membership form

Membership subscription for period 1 March 2017 to 28 Feb 2018

Type of Membership:

Renewal	<input type="checkbox"/>	New member	<input type="checkbox"/>
Individual \$70			<input type="checkbox"/>
Student \$45 (with AJOE)	<input type="checkbox"/>	\$20 (without AJOE)	<input type="checkbox"/>
School/Organisation/Corporate/Family \$80			<input type="checkbox"/>
Electronic Member ((Newsletter and emails) \$20			<input type="checkbox"/>

(Please tick appropriate boxes Note that we are not charging GST)

Members in the organisational category have been sent a Tax Invoice to use. If you are a new member in this category please return this form without payment and a Tax Invoice will be sent to you.

Please make cheques and money orders payable to 'Outdoor Educators' Association of South Australia'.

Members will receive:

- OEASA newsletters *Outdoor News* (four per year)
- AJOE (*Australian Journal of Outdoor Education*) (two per year)
- affiliation to other State Associations via the Outdoor Council of Australia and Outdoor Education Australia

Member details:

School/Organisation/Corporation (if applicable) _____

Last Name _____ First Name _____

Postal Address _____

_____ Postcode _____

Home Phone _____ Work Phone _____

Fax _____

E-mail _____

Individual/student/family members: what is the school or organisation you are connected with?

Forward to:

OEASA Treasurer
Phil Noble
21 Flinders Street
Kent Town SA 5067

0418 854 474
pnoble@staff.pac.edu.au