



Outdoor News

Journal of the Outdoor Educators' Association of South Australia

Volume 35 No 3, March 2018



Canoe rescue practice at the annual Assessment Day., 11 February. L-R: Steve Carter, Leigh Richardson, Lyndon Zimmerman, Wayne Hooper

AGM 2018

Friday 16 March, 6:30 pm

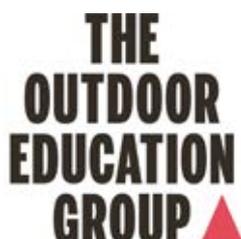
Seven Stars Hotel, 187 Angas Street

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From the Editor

Peter Carter

As usual in the first issue of the year, we have notice of this year's AGM, together with the minutes and reports of last year's event. We also have the criteria and nomination form for the annual OEASA awards.

Why are the organisations called 'Australian Canoeing', 'Canoe SA', Adelaide Canoe Club' and so on when most people paddle kayaks? I blame a certain Scottish-born lawyer. Wayne Hooper suggested an item looking at why the Brits called kayaks 'canoes' which became what you read on page 8.

Some of us think it's time to change the proportions by promoting single blade paddling. At the recent Assessment Day we had a group concentrating on canoe paddling, including rescues, as shown in our cover pic. Paddle SA will soon have three decked double canoes available for courses and there are others also to be had on request, so now's your chance to paddle some real canoes.

From Paddle SA we have the course calendar for the remainder of the season together with information on this year's Team Paddle Challenge. Tucked away on p 13 is an outline of the BLSA course calendar.

A recent item on the ABC website encourages people to go into the outdoors:

Bushwalking is really good for you. Sure, it's relaxing—but it boosts your biology too.

Not only will a walk in the park rejuvenate, calm and clear your mind, but it also lowers diabetes and heart disease risk, improves mental health and prolongs life.

And while it may seem logical to chalk these benefits up to exercise, it's not quite as clear-cut as that.

So how does merely being in nature affect us on a biological level?

We have an innate desire to connect to nature called "biophilia", said Lisa Wood, a public health researcher at the University of Western Australia.

"It reminds us that we're part of a bigger planet."

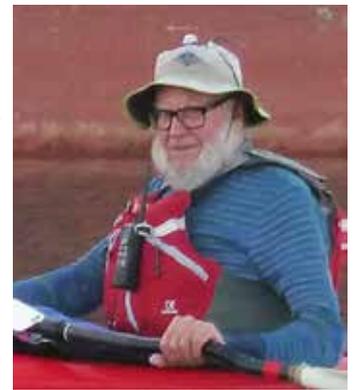
Loads of research into nature's pick-me-up qualities is conducted in Japan, where "forest bathing", or shinrin-yoku, is a popular way to unwind.

Read the whole item at www.abc.net.au/news/science/2018-02-05/nature-park-forest-immune-system-inflammation-mental-health/9387714.

A new book is *The Self-Driven Child*, about which you may read at <https://www.scientificamerican.com/article/the-case-for-the-self-driven-child/>:

We are raising the anxious generation, and the conversation about the causes, and the potential cures, has just begun. In *The Self-Driven Child*, authors William Stixrud and Ned Johnson focus on the ways that children today are being denied a sense of controlling their own lives—doing what they find meaningful, and succeeding, or failing, on their own. Screen time, the authors say, is part of the problem, but so are well-meaning parents and schools, who are unwittingly taking from children the opportunities they need to grown stronger, more confident, and more themselves.

All ideas familiar to outdoor educators.



Credit: Tracey Matzka

The Outdoor Educators' Association of South Australia

Aims

- 1 To promote the development of Outdoor Education in South Australia
- 2 To represent Outdoor Educators on issues and matters concerning the use of the outdoors
- 3 To maintain the professional development of personnel working in the area of Outdoor Education
- 4 To maintain, support and develop the role of Outdoor Educators in South Australia
- 5 To promote the professional interchange of information between members and other related organisations through conferences, meetings, seminars and publications
- 6 To promote a philosophy of environmental awareness, preservation, conservation and positive attitudes towards the use of the outdoor environment
- 7 To act in an advisory capacity to community, government and non-government agencies

The Outdoor Educators' Association of South Australia supports these national ethical guidelines for outdoor educators:

- The Outdoor Educator will fulfil his or her duty of care
- The Outdoor Educator will provide a supportive and appropriate learning environment
- The Outdoor Educator will develop his or her professionalism
- The Outdoor Educator will ensure his or her practice is culturally and environmentally sensitive

OEASA Committee 2017–2018

Chair: Mike Meredith

Vice Chair: Chris Hodgson and Micha Jensen

Treasurer: Phil Noble

Assistant Treasurer: Andrew Stace

Secretary: Chris Detmar

Assistant Secretary: Bel Emanuele

Editor and webmaster: Peter Carter

Committee: Scott Polley, David Edwards, Dave

Williamson, Rob Stillwell, Emma Lowing, Nick Glover, Ray Prideaux

From the Chairman

Mike Meredith

Welcome to the first edition of *Outdoor News* for 2018. I hope you all had a very safe, restful and enjoyable break and are now back at work in the thick of things and getting ready to get those youngsters or others out and about in the great outdoors. Also, well done to those who took students and others away during the break. There were some great stories from Nepal and New Zealand, to name a few.

As we prepare for another year and the 2018 National conference in Hobart it is a good time to look back and reflect on what we have achieved and learned last year. It always amazes me that despite doing something a number of times there are always new experiences and learning that come from them. The cycle of plan, do and review should be common to Outdoor Educators. The process of reviewing enables us to improve and do a better job next time either with the same program or by transferring our learning to new or other situations.

One such event is the National Conference in Hobart which is coming up soon and I hope many of you will join in with this great opportunity. Listening to others and sharing good practice and ideas is a great way to reflect and strengthen concepts and ideas on what we do and why. OEASA is offering a subsidy of up to \$500 for those self-funding to attend. Contact Phil Noble our treasurer if interested. This should be a wonderful three days of shared learning and spreading of good practice on a national level. As Outdoor Educators we practise Outdoor Learning by carefully weaving and orchestrating tailor-made learning experiences utilising the outdoors to do that very important job of developing young people. What are your thoughts on this topic? What is Outdoor Education to you? Come along and share your thoughts at the conference. Find out more at www.noec2018.com.

There are a number of activities planned for 2018, some of which are annual and others new initiatives. The details of this year's major calendar activities are listed throughout this edition and will be available on the OEASA website. I urge you to mark them on your calendar now so you are able to attend and can help make them successful and worthwhile events.

I would particularly like to draw your attention to the following important events which have occurred or are planned for this year:

OEASA SACE Stage 1 and 2 teachers' meeting

A very successful meeting of over 20 Stage 1 and 2 Outdoor Education teachers was held on Friday 9 February. This meeting was a chance to come together to discuss and share ideas on the course and task sharing for improving their course in 2018. It was agreed that we would conduct another session late in Term 2 after the dinner to look at investigations. This will now be held on Friday 22 June 2018. We look forward to seeing you there. If you have any additional ideas that would help teachers

improve student learning in Outdoor Education please let us know.

AGM 2018

The 2018 AGM will be held on Friday 16 March, 6:00 pm (for a 6:30 pm start) at The Seven Stars Hotel 187 Angas Street.

Agenda:

- Welcome
- Apologies
- Previous minutes
- Chairperson's report
- Secretary's Report
- Treasurer's report
- Election of office bearers 2018
- AOB

It is hoped that people attending will stay for a chat, meal and drinks after the AGM. The Hotel has a fine à la carte menu and beer and burger specials for you to choose from. Once we have finished the AGM everyone is encouraged to stay for a meal and catch up with fellow outdoor enthusiasts. You will be well situated to make it a night on the town once we have finished.

2018 National Outdoor Education Conference

Have you registered??

The 2018 biennial National Outdoor Education Conference will be hosted by Outdoor Education Tasmania from April 9–12 Hotel Grand Chancellor, Hobart, Tasmania. It promises to be a great four days. See you there?

Outdoor Presentation Dinner

The Outdoor Presentation Dinner will be held on Friday the 15 June at the Unley City Council Chambers with our caterer Ben Sharp from Adelaide Institute of Commercial Cookery who did such a splendid job over the last few years. The evening recognises achievements of those involved in the outdoor community and is one not to be missed. An Award Nomination form and award details have been included later in the newsletter if you have someone in mind.

Outdoors October

Outdoors October is another event on our calendar. This self-managed month of potential outdoor activities is designed to help raise public awareness of Outdoor Education and will help in our ultimate goal of getting quality curriculum-driven Outdoor Education experiences for all students in all year levels across the country. Any positive promotion of what we are doing with young people (or older) in the outdoors helps get the message out there. Make this a time to advertise your programs and activities in the great outdoors and all will



From the Chairman

...continued

be good. It would be great if Outdoor Educators in SA could get out in October and fly the flag.

Great Aussie Camp Out

The Great Aussie Camp Out (GACO) is planned for 6 October (date TBC) and is intended to get people outside and involved in the great outdoors. The idea is to log on to the website indicating you are involved and get out that night in the back yard, caravan park, national park, etc. There is no cost involved and helps promote healthy and respectful use of outdoor places. Get involved and let your students, parents and teachers know about it as well. It is currently under review for relaunch this year so watch this space.

Outdoor Seminar Series

The Outdoor Seminar Series 'Learning through the Outdoors' will be conducted in third term to keep members updated on exciting happenings in Outdoor Education. At this stage we have a visit to Ngaut Ngaut Conservation Park on the Murray planned for 7-8 September. This will be a Friday night and Saturday exploring indigenous perspectives on the Murray. More details later.

OEASA Outdoor Conference

OEASA Outdoor Conference 'Learning through the Outdoors' is planned for later in the year, Thursday 22 November starting in the evening and continuing on Friday 23 November at the Education Development Centre Hindmarsh. If you have a session you would like to present or topics you would like to know more about, please let us know. Later in the year, but check the calendar of events and set the dates aside.

I look forward to catching up with as many people as possible at the AGM, Outdoor Presentation Dinner or other activities planned throughout the year. If you have any comments or ideas for upcoming events please do not hesitate to contact either myself or one of your committee members or come along to a committee meeting: you would be most welcome.

It is as always a pleasure to be of service. Yours in the great outdoors



OEASA Calendar

Committee meetings

5:30 pm at PAC 'Red Centre' Gym McBride room

Friday 18 May (T2 Wk 3) 6:30-7:30 pm : Post Conference sharing. Open invite

Friday 10 August (T3 Wk 3)

Friday 2 November (T4 Wk 3, end of year drinks)

AGM and Dinner

Friday 16 March, 6:00 pm for 6:30 pm start

Seven Stars Hotel, 187 Angas Street

Outdoor Presentation Dinner

Friday 15 June, 6:30 pm for 7 pm start

Unley City Council

Stage 1 and 2 Teachers Meeting

Share and discuss the Investigation

Friday 22 June, 6:00pm for a 6:30 start, at PAC

Outdoor Seminar Series 'Learning through the Outdoors'

Friday 7-Sat 8 September

Ngaut Ngaut (TBC)

Great Aussie Campout

Saturday 6 October (TBC)

ACA to coordinate

Outdoors October

October: any time

Share your outdoor learning activities with the community

State Outdoor Conference with Rec SA (TBC)

'Still sharing good practice'

Thursday 22-Friday 23 November, 6:30 pm for opening, at EDCH

Bronze sponsors



Beyond Limits
Uniting Venues SA



OEASA Annual General Meeting

Friday 16 March, 6:30pm

Seven Stars Hotel 187 Angas Street

6:00 – 6:30 pm: Drinks and Nibbles

6:30 – 7:00 pm: AGM

7:00 – 8:00 pm: Stay for a chat and order a meal from the à la carte menu or Beer and Burger specials.

All members are encouraged to attend and support your association.

Calls are made for nominations from among our members to serve as office bearers of the association. Nominations with a seconder for the following positions may be made prior to or at the AGM: Chairperson, Assistant Chair, Treasurer, Assistant Treasurer, Secretary, Assistant Secretary, Sub editor and committee members.

Nominations and RSVP for numbers if attending and staying for a meal to Chris Detmar by phone, 0415 501 695, or oeasa.secretary@gmail.com, by Wednesday 14 March 2018.

2018 National Outdoor Education Conference

9–12 April 2018, Hotel Grand Chancellor, Hobart

The 2018 biennial National Outdoor Education Conference will be hosted by Outdoor Education Tasmania. The theme 'Wisdom of the Past—Exploring the Future'.

Delegates will be invited to examine and engage with historical foundations of long-held traditions of outdoor education, such as nature, risk, adventure, skill development and social and interpersonal development. More contemporary constructs of outdoor education will also be presented and interrogated, including local place-based education, environmental education, sustainability education and social justice.

We look forward to engaging with a variety of delegates representing the diverse outdoor education sector: teachers, academics, instructors, tourism guides, students, commercial operators, and government officials are invited to attend.

Tasmania has spectacular natural environment for interacting with nature and Hobart will offer both inner city venues and beautiful outdoor sites to run a diverse program. This conference will have a uniquely Tasmanian twist as we celebrate the proud history and tradition of teaching and learning in the Tasmanian outdoors.

Find out more at www.noec2018.com



Team Paddle Challenge 2018

The Paddle SA Team Paddle Challenge is a fun, paddle sports orienteering event, which provides participants with challenges and opportunities.

It is an activity suitable for Outdoor Education and Physical Education classes, either for assessment or personal enrichment, or as a fun activity for community youth groups.

Paddle SA (formerly Canoe SA) has run this event since 2003, giving young South Australians the chance to have fun, make new friends, learn about the environment, and go on an adventure.

Past teams have comprised groups from public and private schools, community organisations and Scouts. The Paddle SA Team Paddle Challenge caters for all abilities.

In 2018 the event will be held on the weekend of November 3–4. The Challenge commences at a venue approximately seven kilometres north of Blanchetown, where the groups will also camp.

Teams consist of between 3–8 participants and a supervising adult. Competitors will have six hours on the Saturday and five and a half hours on the Sunday to make their way around the course, and return to the campsite.

Team Paddle Challenge is all about working as a team.

Each team needs to find as many checkpoints as possible in an attempt to gain the most points. Checkpoints are on the river's edge and the surrounding bushland.

All teams are expected to carry appropriate safety gear for a day paddle, and points are allocated for this. Likewise, points are deducted if teams do not possess all required items.

For further information about the event contact the Paddle SA office: 8240 3294, sa@canoe.org.au



Modern Wee Lassie canoe: two blades

Snarfed

Is the drop bear myth based on truth?

Libby Robertson and Wayne Hooper

During a 176 km paddle down the Goulburn River from Seymour to Moama, on the River Murray, six Adelaide Canoe Club members had the privilege of witnessing a “drop bear experience”. We had stopped for a stretch legs/munchie break and were observed by a koala in a gum tree on our bank. Suddenly there was a loud crack and a bang as a limb from a tall tree on the other side of the river fell into the water.

Thinking that we were lucky not to have been paddling under the falling timber, we were amazed to see the leaves quivering in the water and then an animal struggle away from the branch and swim about two metres to the bank. A very wet koala dragged itself out of the water and shook itself off as it climbed up the bank and sought refuge up another, hopefully more solid, branch. The accompanying photo shows it leaving a wet trail up the bank.

To ponder as Outdoor Educators:

- Is a similar incident like this how the myth grew?
- How injured would the koala have been if it had not landed in water?
- Koalas are not really bears anyway.

'Drop bears' for real

There may well have been marsupials that hunted by dropping, as described at <https://blogs.scientificamerican.com/laelaps/paleo-profile-shoutens-marsupial-lion/>:

Wakaleo schouteni sounds like one of those animals that should be a myth. In fact, it resembles the legendary Australian drop bear more than just a little. This 50-pound marsupial would have looked something like a lanky version of a koala with meat-cleaver teeth, just as adept at climbing trees but preferring a diet of flesh to eucalyptus. Fantastic, perhaps, but the bones don't lie.

Keep looking up – Ed



'My cats are calm most of the time, but occasionally they can be pretty in-tents'

Snarfed

You can't buy happiness, but you can buy a tent and that's pretty close

Wayne Hooper and Libby Robertson

This quotation really appealed to us. It was a header in a recent edition of the Westprint free e-news, which we subscribe to and which reaches our in box every Friday. Westprint is an Australian map publishing and book distribution company. In its vision statement the company states that through its activities it aims to encourage people to respect and look after our fragile environment and heritage while enjoying Australia's beauty and significance. As well as maps of outback Australia, Westprint stocks a range of guide books, historical books, limited editions, books about natural history, wild flowers and exploration. Some of the books they have are second hand and out of print. We have subscribed to the e-news for many years and enjoyed the range of articles. We have been able to purchase material of interest from their extensive catalogue. We would recommend visiting westprint.com.au to anyone interested in travel in Australia.

Westprint Friday Five

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When is a 'canoe' not a canoe?

Peter Carter

Across the globe, for thousands of years, people have been making small boats, propelled by paddle. The materials have varied: hollowed logs, sheets of bark, bundled reeds, animal skins on wooden frames... They've been used on rivers, lakes, and to cross oceans for transport, fishing and hunting.

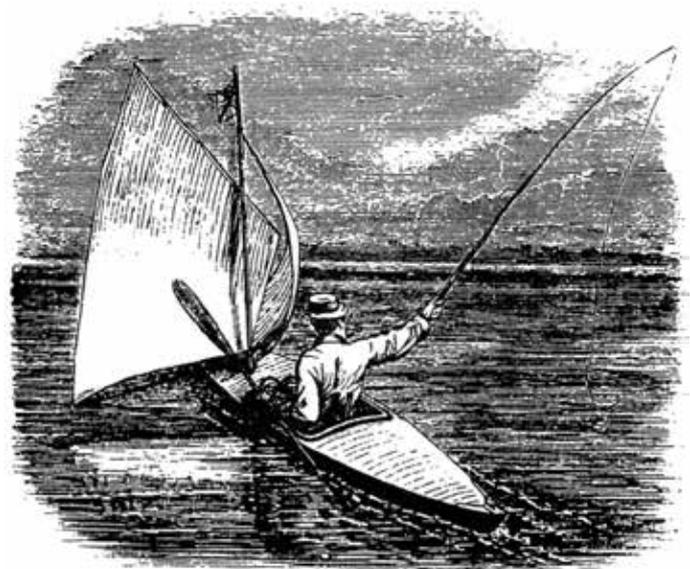
Australia has been no exception: canoeing has been going on here for a very long time. Along the lower Murray, the craft were formed of a single piece of eucalyptus bark, and their scars are visible on many trees along the river. The Ngarrindjeri and Bunganditj word for them was *yuki*. Our word canoe comes from the Spanish *canoa*.

Our modern craft are mainly derived from the native craft of North America. Along the rivers and lakes the canoes had birch bark skin over a wooden framework, and were paddled by kneeling paddlers using single blade paddles. Being light, they were easily carried around rapids and other obstructions. In the Arctic, the kayaks had frames of driftwood covered with sealskin. Paddlers were seated, sealed in to prevent ingress of water, and usually used two-bladed paddles. On deck were the harpoon, its line and float: the kayak was a hunting vehicle.

When Europeans arrived the inland fur trappers quickly adopted the canoe for transport and set up factories to produce large ones, 10–11 m in length. In Alaska and nearby islands the Russians adopted the local versions of kayak, having three seat versions built. They called them *baidarka* (small boat): the local word was *iqyax* (pronounced as ch in loch).

These were all working craft but in the early 1800s people began paddling for pleasure with manufacturers building canoes skinned with canvas. These were among the craft Scottish lawyer John MacGregor saw when he visited North America. In 1865 on his return to London he designed and had built a clinker-built craft 4.4 m long, 76 cm beam and weighing 41 kg. The hull was shaped like the canoes he had seen, but the boat was decked, with a cockpit opening and a seat, a sail rig, and was propelled with a double-bladed paddle. MacGregor called it a canoe and named it *Rob Roy*. We would call it a kayak. So began the confusion in British minds.

In *Rob Roy* and its successors, MacGregor made a number of adventurous voyages on European and other rivers and wrote about them in several books, the best known being *A Thousand Miles in the Rob Roy Canoe* (1867). The idea spread. Recreational paddling had begun in earnest, including in Australia.



Rob Roy in action, fishing. No rudder, so steered with paddle

To meet demands in the UK canoes were imported from Canada and to distinguish them from the Rob Roys and similar 'canoes' they were called 'Canadians', a term which spread to other countries. In North America they were simply canoes, and the decked craft paddlers sat in, with two blades on their paddles, were kayaks. No confusion there.

So to the modern definitions:

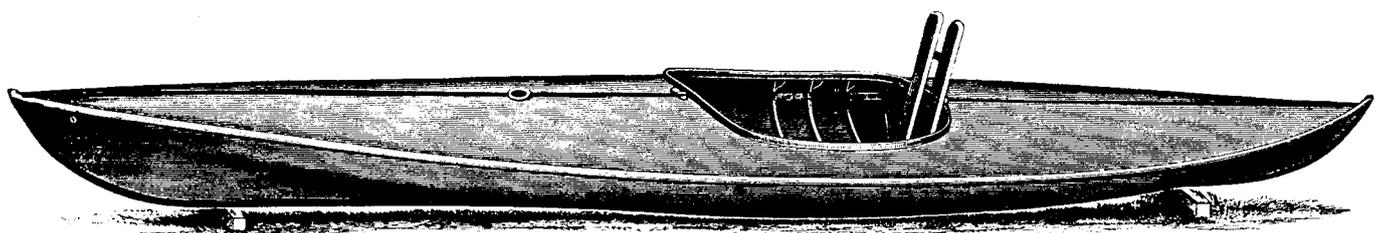
- If you sit in it and the paddle has two blades, it's a kayak. That means SOTs are kayaks, even though they don't have decks like conventional kayaks.
- If you kneel in it and use a single blade paddle, it's a canoe. In touring and Marathon canoes paddlers often sit, but retain the single blade. The outrigger craft, based on Pacific island models, are canoes. Whitewater canoes for Slalom and Downriver are decked, and apart from the cockpits look like kayaks.

Ah, but...

The hunters of the Nunivak, King and other islands of the Bering Sea used single blade paddles in their kayaks, which were of a rather different shape from the 'classic' Greenland craft. There were some Arctic people who used both single and two-bladed paddles in their kayaks.

In the late 1800s small canoes with low seats and two-bladed paddles were popular. A well-known type was the Wee Lassie designed by J Henry Rushton, three and a bit metres long, and still being made by home builders and factories.

But the exceptions do not make the rule, as shape and purpose are also factors. And if it's not made in Canada it's not a Canadian.



When is a 'canoe' not a canoe?



About to paddle Ral Ral Creek. These are not Canadians, they were built in Australia, in Adelaide in fact. Definitely canoes

The right boat for the waters

Given that canoes of the North American pattern were designed for rivers and lakes, why don't we see more of them along the Murray and its backwaters? You don't

get wet at every stroke, there's plenty of wriggle room instead of being wedged into a cockpit, and enough capacity to carry all manner of camping luxuries.

Ought to be more of them.



Paddle SA course calendar

Courses for the remainder of the 2017–18 summer. Contact Paddle SA for full details and registration:

PO Box 281 Port Adelaide 5015
8240 3294, sa@canoe.org.au, paddlesasa.org.au

Get into Paddling

Cost: \$65, including equipment hire: April 7, 8

There is no formal assessment in this course.

Flatwater Skills

Cost: \$190 (members) \$210 (non-members), including equipment hire: April 14, 15

Flatwater Lifeguard (Paddling Supervisor)

Cost: \$250 (members) \$270 (non-members), including equipment hire: April 16, 17

Flatwater Guide and Instructor

Cost: Flatwater Skills, Lifeguard and Guide or Instructor courses taken together: \$500: April 16–20

Sea Skills

A three day course plus two day overnight trip, with some rolling sessions. Cost: \$625 (plus equipment hire if required): 14 and 15 April

Sea Activities

Monthly activities, on the final Sunday of the month, with a range of theoretical and practical topics. Check the website for topics and venues.

Cost \$10 (Club members), \$40 (non members)

Ad hoc courses

Paddle SA is able to negotiate suitable dates for groups from schools and community organisations to run any of its courses if the programmed dates don't suit the needs of the organisation. These include SACE and other kayak units for secondary students, Get into Paddling, Basic

Skills and leadership courses. Courses can be in either canoe or kayak. Groups in a regional areas wishing to have a course delivered may arrange a more convenient location. If programmed dates are unsuitable for individuals contact Paddle SA to see if alternative dates can be arranged if there is sufficient demand.

Get Rotating

Rob Holden, Canoe Instructor

Rotation, rotation, rotation. You hear instructors say it all the time. The power from the forward stroke comes from the rotation of the torso, not from flexing the arms. If you finish the day with your abdominal muscles more tired than your arms, you're doing it right. The trick is to keep that shaft vertical. By keeping the path of the paddle blade close to the side of the boat, forward power is maximized and spin minimized. To be sure you're doing it correctly, watch your T-grip; your grip hand should be over the water, not over your boat. It's so simple, but this error is the most common I see on the water.

From *Canoe Roots* magazine

Top hand past the gunwale



Minutes of the 2017 Annual General Meeting

Held at the Astor Hotel, 17 March

The meeting was opened at 6:30 pm

Present: Mark Lee, Mike Meredith, Nick Glover, Wayne Hooper, Libby Robertson, Peter Kellett, Rob Stillwell, David Edwards, Peter Carter, Chris Hodgson, Dave Williamson, Peter Vandeeper, Ray Prideaux

Apologies: Matt Randell, Rob Hogan, Liz Liebing, Scott Polley, Micha Jensen, Bob West, Mick Dennis, Chris Detmar, Phil Noble, Andrew Stace, Brendan Noolan, Kylie Agnew, Daniel Sharp, Michael Foot, Nick Sward

The Minutes of 2016 AGM were summarised by Mike Meredith. Acceptance of minutes moved Wayne Hooper, seconded David Edwards, all in favour

Chairperson's report

The report was delivered by Mike Meredith. Wayne Hooper noted the high standard of state conference put on by OEASA and commended the committee for their efforts. Report accepted, moved David Edwards, seconded Dave Williamson

Secretary's report

In the Secretary's absence, the report was read by Nick Glover. Wayne Hooper recommended a formal thanks to Paddy Pallin for their support over the years with ticketing for the presentation dinner and other events as we are now moving to e-ticket options. Mike Meredith noted we will continue to source vouchers from Paddy Pallin as presentation dinner prizes.

Treasurer's report

The report was read by Mike Meredith. Mike noted that the last five years' finances of OEASA and OEA will be audited this year. Report accepted, moved Chris Hodgson, Seconded David Edwards.

Nominations to committee and other informal positions:

Position	Nomination
	Nominator, Secunder
Chairperson	Mike Meredith Nick Glover, Peter Kellett
Vice chair	Chris Hodgson and Micha Jensen (shared role) Mike Meredith, All in favour
Treasurer	Phil Noble Mike Meredith, David Edwards
Assist Treasurer	Andrew Stace Mike Meredith, Libby Robertson
Secretary	Chris Detmar Nick Glover, Chris Hodgson
Assist Secretary	Bel Emanuele Mike Meredith, David Edwards
Newsletter Editor	Peter Carter Mike Meredith, All in favour
Social media	Andrew Stace Mike Meredith, All in favour

Ordinary members Scott Polley, David Edwards, Dave Williamson, Rob Stillwell, Emma Lowing, Nick Glover, Ray Prideaux
Mike Meredith, All in favour

CEASA rep Mike Meredith
All in favour

OEA reps Mike Meredith and Scott Polley
All in favour

Rec SA rep Mike Meredith
All in favour

Other Business

Amendments to update the constitution to represent current practice were circulated and accepted by Chris Hodgson, seconded David Edwards. All were in favour.

The 2017 events calendar was circulated and confirmed

Next AGM

The next AGM is to be held in March 2018.

The meeting was closed at 7:10 pm.

Chairperson's report

Mike Meredith

Welcome to the 2017 OEASA AGM. OEASA has had another very busy and successful year in 2016.

OEASA has represented its members as best possible and provided service to outdoor professionals in South Australia. National Outdoor representation has continued with OEASA continuing to look after the books for OEA.

I would like to thank the committee members for their significant efforts and help throughout the year. Without their assistance and efforts little would be achieved and we as an organisation would provide little to our members.

I would like to particularly thank Chris Detmar and Phil Noble who have been outstanding as secretary and treasurer respectively. Micha Jensen must be thanked for his fantastic efforts toward sponsorship for the presentation dinner and event bookings, Peter Carter for his efforts as editor. Scott Polley has again made significant contributions to OEA and the AC for OED.

What has the OEASA committee been up to since the 2016 AGM?

Membership of over 140 organisations, families, and individuals

Last year's AGM was attended by 15 members at the Seven Stars Hotel and concluded with a meal at the hotel.

Continued cooperation with outdoor leadership organisations including BLSA, SAREA and Canoe SA.

Members attended the 19th NOEC on Sunshine Coast 29 March–2 April, some sponsored.

Organised a very successful Outdoor Presentation Dinner attended by 72 people with the presentation by numerous bodies of their leadership and achievement

Minutes of the 2017 Annual General Meeting

certificates. The Unley City Council venue was great again and our new caterer Ben Sharp did a marvellous job cooking.

Major Awards presented at the dinner were to Madeleine McArthur, the Mark Auricht award; Marg Clark and David Mausolf for service to OED, and Nat Gilbert was awarded the Kris Mosher Environmental Award.

Four newsletters and an e-news were distributed. Thanks to Peter Carter for his excellent editorial work and PAC for printing.

Two editions of *National Journal of O&EED* distributed. Andrew Stace has maintained an OEASA Facebook/ social media page.

Discussions have continued with other state Outdoor Education Associations for Outdoor Education Australia — A Network of OED associations. Tasmania is hosting the 2018 National Conference 9–12 April 2018.

We have maintained membership of CEASA, ACHPER, OEA and RECSA.

Ran a very successful Outdoor Seminar Series.

Aboriginal Skies at Mawson Lakes planetarium was attended by nearly 40 people.

Participated in GACO on 8 October 2016 with ACA.

Responded to DENR requests for feedback and input into park proposals and draft management plans.

Marg Clark was awarded a 'Recognition of Excellence' award at the CEASA World Teachers' Day celebrations.

Ran a very successful State Outdoor Conference — Sharing Good Practice 17 –18 November.

Ran an informative SACE Stage 1 – 2 teacher meeting on 10 February 2017 attended by 40 teachers.

OEASA has maintained a healthy financial state and is in a position to maintain services into the near future.

I would like to thank our many sponsors for their valuable support during the year. In particular our Gold sponsors OEG, Outgrow and Paddy Pallins, Silver sponsors Prince Alfred College and Macpac, and Bronze sponsors Access Canoes, Adelaide Canoe works, Beyond Limits, Griffin Wines, Scout Outdoor Centre, Snowy's Outdoors, and Rec SA. All must be thanked for their generous donations and support of OEASA and the presentation dinner. Please show your support to all these organisations with your patronage and help to repay some of their support. I would like to acknowledge the support given by Prince Alfred College throughout the year in producing the newsletter and providing a venue for meetings and events.

In summary I would like to once again thank the committee on behalf of the members for their efforts throughout the year and our many sponsors and supporters and people who have helped OEASA.

I look forward to another busy year in 2017 with the presentation dinner on 16 June and the OEA — Network continuing to represent a strong national body, and providing ongoing input into developing OED content for the Australian HPE curriculum. I hope 2017 will be a good year for all and that activities and programs being run by or for OEASA members are enjoyable and successful.

Secretary's Report

Chris Detmar, OEASA Secretary

It has been another busy year at the OEASA secretary's desk. The major tasks undertaken continue to be the dissemination of an ever increasing volume of relevant information to members, as well as assisting in coordinating OEASA calendar events, such as the presentation dinner, state conference and seminar evenings.

During 2016 I have continued to move OEASA into the electronic age with 'online form' nominations for the presentation evening and state conference. Combined with the Facebook updates from Andrew Stace, and Eventbrite booking systems from Micha Jensen, this ensures that a paper-free and more environmentally sustainable OEASA is evolving into 2017.

If appointed to another term as secretary I look to streamline email information to members. This will limit the total volume of email communication and still ensure the relevant information reaches members.

Treasurer's report

Phil Noble, OEASA Treasurer

The 2016 year for the Outdoor Education Association of South Australia (OEASA) was a very busy year. We had had participants attend the National Conference in Queensland, some with financial support from OEASA. We also hosted the Aboriginal Skies evening and State conference in November. Our membership database has 141 members with 65 being paid financial members. The breakdown is as follows:

- Life Members: 6
- Individual Members: 13
- Student Members: 1
- Family Members: 2
- School Members: 31
- Electronic Members: 10
- Organisation Members: 2
- Award Winners: 24
- Complimentary Members: 46
- Gold/Silver/Bronze Sponsors: 4/2/6
- Unpaid Members: 16

The three major events for OEASA for the year were the Award dinner and Aboriginal skies seminar series and State Conference.

Award Dinner had 71 people attending this great night. Throughout the night raffles the auction and prizes kindly donated by several of our members and sponsors raised \$856.00. The Aboriginal Skies seminar and our state conference saw about 40 people in attendance for both events.

OEASA started the year with \$33,133.07 in the bank. Throughout the year we had an Income of \$14,087.89 and Expenses of \$15,525.16. This saw us with a loss of \$1,437.27 and a closing bank balance of \$31,695.80. 

OEASA Awards

OEASA Awards are presented annually at the Certification Presentation Dinner.

The following awards may be approved by the OEASA committee, following submission of an application for selection of an appropriate award.

The application should state:

- 1 Candidate's full name, address, phone number and email if applicable
- 2 Nominator's full name, address, phone number, fax number, email and institution(s) they are associated with
- 3 The Award that the candidate is being nominated for.

Conditions:

- 1 One candidate nomination per application
- 2 Nominator may nominate multiple candidates
- 3 The nominator does not need to be an OEASA member
- 4 The decision to accept the nominator's recommendation lies with the OEASA committee
- 5 Successful awardees will be advised by OEASA, and invited to attend the certificate presentation dinner
- 6 Awards may not be awarded in all categories every year.

Awards:

- 1 A certificate will be issued by OEASA, signed by the chair, bearing the OEASA logo
- 2 The award will be posted out to candidates that are unable to attend the certificate presentation dinner
- 3 Awardees will be provided with state OEASA membership for 12 months
- 4 Mark Auricht Award, Tertiary Award and Krish Mosher Award students will be offered membership to the Australian Outdoor Education body, including receipt of the national journal
- 5 Mark Auricht Award, Tertiary Award and Kris Mosher Award will be provided with a small prize
- 6 All awardees and their friends and family are invited to attend the OEASA Certificate Presentation Dinner, at OEASA member rates
- 7 The committee may from time to time provide awardees with limited means with financial assistance to attend
- 8 The OEASA tertiary award will also be recognised by Uni SA Alumni in the graduation ceremony
- 9 All senior secondary, tertiary and professional awardees will be invited to join the OEASA committee.

Categories:

- 1 Student
 - a. Primary Education
Open nomination, including teachers, principals, volunteers and others.
 - i Significant application to outdoor or environmental education
 - ii Involvement in outdoor journeys and/or environmental action
 - iii Role model for other primary outdoor or environmental education students.

- b. Secondary Education (Stage 2 Outdoor Education)
Nominated by teachers of Stage 2 Outdoor Education
 - i Achieves a result of 20 (pre-scaling) for Stage 2 Outdoor Education
 - ii Demonstrates application to outdoor journeys and/or environmental action
 - iii Is a role model for other Outdoor Education students.
 - c. Mark Auricht Award
Nominated by the Chief Moderator/SACE Board, Outdoor Education.
 - i Achieves the highest mark for Stage 2 Outdoor Education
 - ii Demonstrates application to outdoor journeys and/or environmental action
 - iii Is a role model for other Outdoor Education students.
 - d. VET/TAFE Outdoor Recreation award
Nominated by the Program Director, Diploma of Outdoor Recreation.
 - i Achieves a high academic standing within the Diploma of Outdoor Recreation
 - ii Demonstrates application to outdoor journeys and/or environmental action
 - iii Is a role model for other Outdoor Recreation students.
 - e. Tertiary Outdoor Education Award
Nominated by the Outdoor Education study stream coordinator.
 - i Achieves a high academic standing within studies of Outdoor Education
 - ii Demonstrates application to outdoor journeys and/or environmental action
 - iii Is a role model for other Outdoor Education students.
 - f. Certificate of Merit in Outdoor Education (all students)
Open nomination, including teachers, principals, volunteers and others.
 - i Demonstrates a high level of application to Outdoor Education studies
 - ii Demonstrates application to outdoor journeys and/or environmental action
 - iii Is a role model for other Outdoor Education students.
- 2 Professionals and Volunteers
 - a. Service to Outdoor Education
 - i Demonstrates significant and sustained application to the provision and improvement of Outdoor Education and/or Outdoor Recreation
 - ii Demonstrates significant and sustained impact on the provision, quality or development of Outdoor Education in South Australia
 - iii Is a role model for other Outdoor Education/Outdoor Recreation/Environmental Education professionals or volunteers.

OEASA Awards

- b. Krish Mosher Environmental Education Award
- i Demonstrates significant and sustained contributions to Environmental Education and/or Earth Education and/or Environmental Action
 - ii Demonstrates significant and sustained impact on the provision, quality or development of Environmental Education and/or Earth Education and/or Environmental Action
 - iii Is a role model for other Environmental Education and/or Earth Education and/or Environmental professionals or volunteers.

3 OEASA Life Member

- i Demonstrates significant and sustained service to the Outdoor Educators' Association of South Australia
- ii Is a role model for other Outdoor Education/ Outdoor Recreation/ Environmental Education volunteers or professionals.



King Island kayak: single blade

Wikipedia commons



Bushwalking Leadership SA

Rod Quintrell

Running Bushwalking trips? Get your Bushwalking Qualifications!

Bushwalking Leadership SA's 2018 calendar is out now. Training Better Bushwalkers since 1973.

If you are leading groups bushwalking: get the skills, experience and qualifications needed to be safe. We have the full complement of leadership courses and events running this year.

Upcoming highlights:

- Day Walk leadership program running in May
- Stage 1 of the next Bushwalking Leader Certificate program starts March 27. The only way to get your AAS approved qualifications without being a fulltime student.
- Technical Skills Assessment Weekend in May
- Advanced Bushwalking Leadership Program running later in the season.

If you are having trouble completing your training or not sure about what to do next, please do get in touch.

See www.bushwalkingleadership.org.au for full details.

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Technical
Outdoor gear
Since 1973**



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Out and about...

That old myth about losing most body heat through the head has come up again: <<https://www.theguardian.com/science/2008/dec/17/medicalresearch-humanbehaviour>>. Researchers:

...traced the origins of the hat-wearing advice back to a US army survival manual from 1970 which strongly recommended covering the head when it is cold, since "40 to 45 percent of body heat" is lost from the head...

The myth is thought to have arisen through a flawed interpretation of a vaguely scientific experiment by the US military in the 1950s. In those studies, volunteers were dressed in Arctic survival suits and exposed to bitterly cold conditions. Because it was the only part of their bodies left uncovered, most of their heat was lost through their heads.

The face, head and chest are more sensitive to changes in temperature than the rest of the body, making it feel as if covering them up does more to prevent heat loss. In fact, covering one part of the body has as much effect as covering any other. If the experiment had been performed with people wearing only swimming trunks, they would have lost no more than 10% of their body heat through their heads, the scientists add.

Cold? Insulate, all over.

Paddle a canoe and you may stay dry. Paddle a kayak and you will get wet. It was ever thus, and the Aleut hunters devised a means of removing water from their iqyax: two pieces of hollowed out wood, bound together and the whole shaped like a spindle. Suck up the water,

hold a finger over the bottom hole, then dump the water overboard. The pic shows a modern replica.



You can make something similar with a robust plastic bottle (spring-water bottles will collapse) and a length of PVC tubing. Note that the tubing extends to near the top of the bottle so you don't need to block the bottom hole, and that if you turn the end downwards you won't get a mouthful if air is drawn in. Definitely not 'hands-free' but works in tighter corners than a sponge.



The fine print...

OEASA Supporter levels

Gold: \$1500+

- 1 12 months OEASA membership
- 2 Front page logo acknowledgement as Gold Supporter
- 3 Half page advert in Outdoor News
- 4 Verbal acknowledgement at all conferences, dinners and meetings
- 5 Visual acknowledgement at OEASA dinner
- 6 Provision for banners, merchandise or other at OEASA Dinner
- 7 Complimentary catering for one member at all OEASA functions

Silver: \$750+

- 1 12 Months OEASA membership
- 2 Front page logo acknowledgement as Silver Supporter
- 3 Visual acknowledgement at OEASA dinner
- 4 Verbal acknowledgement at all conferences, dinners and meetings
- 5 Provision for banners, merchandise or other at State Dinner

Bronze: \$350+

- 1 12 months OEASA membership
- 2 Front page logo acknowledgement as Silver Supporter
- 3 Visual acknowledgement at OEASA dinner
- 4 Verbal acknowledgement at all conferences, dinners and meetings
- 5 Provision for banners, merchandise or other at State Dinner

Outdoor News deadlines

Submissions for *Outdoor News* are due at the end of each term:

- End Term 1, Friday 13 April for the May edition
- End Term 2, Friday 6 July for the July edition
- End Term 3, Friday 28 September for the October edition
- End of year for February 2019 edition

Submission guidelines

Contributions on any and all Outdoor Education and related matters are welcome in *Outdoor News*, and may be submitted directly to the editor at <pcarter@acslink.net.au>.

The first line of a file is to be the item's title, the second, the author's name (without 'By'). Include captions for any accompanying images, with details of who, which, what, when, where, etc.

Text may be as text file (.txt), RTF (.rtf) or Word format. If your file is a Word .doc or .docx, or RTF, please use appropriate styles for headings, list items, etc. (See 'Wordprocessing right and wrong', *ON* Vol 28 No 3, October 2010, p 14.)

Do not embed Web URLs in Word hyperlinks: list them in full.

Photographs must be submitted as image files, JPEG or TIFF, and **not** embedded in Word files (ever). Line art may be submitted in TIFF, EPS or Illustrator format. Where there are several images they may be sent as a ZIP archive.

Advertisements from sponsors or other organisations must be submitted as PDFs. Half page advertisements may be one column or landscape. Payment, where applicable, must be made through the OEASA Treasurer.

Outdoor Educators Association of South Australia

Outdoor Education Award

For people who have demonstrated a high level of involvement and commitment to Outdoor Education.

Nominations to be received by 16 May. To be presented at the Certificate Presentation Dinner in June.

Candidate Name: _____

Address: _____

Contact Phone: _____ **Email:** _____

Category

- Primary Education Award Secondary Education Award TAFE Outdoor Recreation Award
- Tertiary Outdoor Education Award Certificate of Merit in Outdoor Education
- Service to Outdoor Education Kris Mosher Award
- Life Membership

Statement Addressing Criteria

Nominee: _____ **Organisation/Institution:** _____

Address to

OEASA Secretary: Chris Detmar, PO Box 669 Goolwa SA 5214, oeasa.secretary@gmail.com

OEASA Committee _____

Recommendation: Accept/Not Accept

Comments

Outdoor Educators' Association Of South Australia

ABN 26 588 063 701

Membership form

Membership subscription for period 1 March 2018 to 28 Feb 2019

Type of Membership:

Renewal	<input type="checkbox"/>	New member	<input type="checkbox"/>
Individual \$70			<input type="checkbox"/>
Student \$45 (with AJOE)	<input type="checkbox"/>	\$20 (without AJOE)	<input type="checkbox"/>
School/Organisation/Corporate/Family \$80	<input type="checkbox"/>		
Electronic Member ((Newsletter and emails) \$20	<input type="checkbox"/>		

(Please tick appropriate boxes Note that we are not charging GST)

Members in the organisational category have been sent a Tax Invoice to use. If you are a new member in this category please return this form without payment and a Tax Invoice will be sent to you.

Please make cheques and money orders payable to 'Outdoor Educators' Association of South Australia'.

Members will receive:

- OEASA newsletters *Outdoor News* (four per year)
- AJOE (*Australian Journal of Outdoor Education*) (two per year)
- affiliation to other State Associations via the Outdoor Council of Australia and Outdoor Education Australia

Member details:

School/Organisation/Corporation (if applicable) _____

Last Name _____ First Name _____

Postal Address _____

_____ Postcode _____

Home Phone _____ Work Phone _____

Fax _____

E-mail _____

Individual/student/family members: what is the school or organisation you are connected with?

Forward to:

OEASA Treasurer
Phil Noble
21 Flinders Street
Kent Town SA 5067

0418 854 474
pnoble@staff.pac.edu.au